

Staying Healthy and Drug Free

O U H L R N S Y C O R E S P E C T Z W M Y C X X M
E C V M F R D D Y W G N A B N R Z A B Q Z T K A H
R L M X B B I H E I L I L B R E A T H E G I O B Z
L G C F Z N U P Y F E J O O Q U D U O Z G F I J P
H Y M G O M J V L X M R N H Q L D J V B O R N D I
P B Y C S P V A R A N K T Y L S A D U R J V E Y I
J G Q K M O Z M F T Y R C Z P U A A C G C C X I P
A G Q K Q J W H I G Q A O A V H H I X P V W S F D
W H T N Z Q W R N N D T X X R C E D Q T U V I L U
K J B H G G A J R D B P N C I E R L J J S I Z J Y
A N S P A W U J W Z M U G U R I D A P M W A Z X N
T G P C W N R G Z H Q T L H R W X E Y X O D Q Q A
I U N R W E K F I I X E A I R Y M Y J G M M I R T
W L A E A S W I W S R L Y L F M G F V L R W Z X U
L G E A Y X J L H H V E T F K C U U I W S R Q G R
J V R T G N W A U A K H X V Z L Q N M C Q P Z N E
K R P E J U M N W R P Q P E Z G I V N H N L F E Q
L G G S Y H S D U E R N L B R V H L O P P O J D O
T X F Y H N F F L W A I G M N C U C R G L B R E Y
J G J A O X W H Y H F R Q V Y Z I H T N V Z U C S
G T V I H E Z H R M W T W A J S L S E K E L Z G W
D S N E G Y C V T J W E G B M X L N E P Z D C C J
F A M Q P Q D K F P U D L Z B V B E U E W Q L O X
S B U B Y Q H R I C E J N B E W U O E O K I U G N
V J E H G I N U W C Y M J M H U G E H P W H J T C

EXERCISE

BREATHE

RESPECT

NATURE

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SHARE

THANK

TALK

PLAY

HELP

CARE



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Empowering Webster kids to grow up strong and substance free.